

**DISQUALIFICATIONS**

EVENT \_\_\_\_\_ HEAT \_\_\_\_\_ LANE \_\_\_\_\_

**FREESTYLE**

\_\_\_\_\_ No touch on turn # \_\_\_\_\_  
\_\_\_\_\_ Submerged beyond 15M after start or turn

**BACKSTROKE**

\_\_\_\_\_ Shoulders not at or past vertical toward  
back as feet leave wall on turn # \_\_\_\_\_  
\_\_\_\_\_ No touch on turn # \_\_\_\_\_  
\_\_\_\_\_ Shoulders beyond vertical while swimming  
\_\_\_\_\_ Submerged beyond 15M after start or turn  
\_\_\_\_\_ Illegal turning action

**BUTTERFLY**

\_\_\_\_\_ More than one armpull underwater at start  
or turn # \_\_\_\_\_  
\_\_\_\_\_ Non-simultaneous arm movement  
\_\_\_\_\_ Body not on breast;  
\_\_\_\_\_ while swimming  
\_\_\_\_\_ at finish  
\_\_\_\_\_ at turn # \_\_\_\_\_  
\_\_\_\_\_ Shoulders not at or past vertical when feet  
leave wall at turn # \_\_\_\_\_  
\_\_\_\_\_ Underwater recovery  
\_\_\_\_\_ One hand touch at turn # \_\_\_\_\_ or finish  
\_\_\_\_\_ Flutter, Scissor or Breaststroke kick  
\_\_\_\_\_ Alternating position of legs or feet  
\_\_\_\_\_ Submerged beyond 15M after start or turn

**BREASTSTROKE**

\_\_\_\_\_ More than one underwater kick or pull at  
start or turn # \_\_\_\_\_  
\_\_\_\_\_ Head does not break surface during one  
pull/kick while swimming  
\_\_\_\_\_ Hands brought back beyond hipline while  
swimming  
\_\_\_\_\_ Body not on breast;  
\_\_\_\_\_ while swimming  
\_\_\_\_\_ at finish  
\_\_\_\_\_ at turn # \_\_\_\_\_  
\_\_\_\_\_ Shoulders not at or past vertical when feet  
leave wall at turn # \_\_\_\_\_  
\_\_\_\_\_ Illegal arm movement;  
\_\_\_\_\_ not simultaneous  
\_\_\_\_\_ not in same horizontal plane  
\_\_\_\_\_ elbows out of water while swimming  
\_\_\_\_\_ Illegal kick;  
\_\_\_\_\_ Flutter, Scissor, or Fly  
\_\_\_\_\_ not simultaneous  
\_\_\_\_\_ feet not turned out during backward  
movement  
\_\_\_\_\_ One hand touch at finish or turn # \_\_\_\_\_

**OTHER**

\_\_\_\_\_ Early relay takeoff, swimmer # \_\_\_\_\_  
\_\_\_\_\_ Other (describe on back side of form)

Judge \_\_\_\_\_ Referee \_\_\_\_\_

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